

## **The Benefits of Whey Protein Isolate versus other protein sources:**

1. Higher quality protein than other sources
2. More easily digested, absorbed and utilized
3. Promotes more muscle growth due to higher levels of protein synthesis
4. Is a better antioxidant and cancer fighting source as it improves the immune system
5. Compared to animal meat sources, it is easier to digest, is lower in fat, as well as being much more economical to purchase.
6. Poses no risk of bacterial, parasitic, antibiotic or hormone contamination.
7. Not damaged by heat (as meat is when cooked) as it is processed by cold microfiltration.
8. Does not contain mutagenic (cancer forming) compounds found in over cooked, processed, pre-ground animal products.
9. Whey protein isolate is alkaline when ingested; whereas many other protein sources are acidic to the body.
10. It is very quick and easy to prepare, as well as being very portable for travel
11. It is very beneficial when taken pre and post workout: promotes muscle growth and recovery.
12. It has a positive effect on leveling out the body's insulin levels as well as other hormone levels.



## **EDGE protein is superior to other whey isolates in many ways:**

1. **EDGE** is sweetened with stevia (a natural sweetener from the leaf of the stevia plant). This does not cause insulin release as other artificial sweeteners and is natural and safe.
2. **EDGE** contains supplemental glutamic acid (glutamine) which is the bodybuilders secret to decreased muscle soreness.
3. **EDGE** is not chalky like some other protein supplements and tastes great!
4. **EDGE** has zero fat or carbohydrates so you can control the amounts and types that are most beneficial for you!
5. **EDGE** is a Canadian product and is carefully sourced so you get quality ingredients.
6. **EDGE** is locally distributed and delivered conveniently to your doorstep (for local clientele only).

**Get the EDGE with EDGE protein TODAY!**

[www.edgeprotein.com](http://www.edgeprotein.com)